SEPTEMBER1997
VOLUME 13 NO. 8

SACWN
SACRAMENTO AREA CAREER WOMEN'S NETWORK INC.

THE SACWN SALON ...

A DISCUSSION OF INTIMACY

WITH

KATE MACKENSIE, L.C.S.W.

Who do you think you really are? What if someone found out? What is intimacy between lovers? Why are we afraid to get "too close"?

Intimacy is the ability to reveal oneself in spite of the feed back you may receive. It means being who you really are in the presence of someone important to you.

Join SACWN for a frank discussion with Kate MacKenzie that will look at intimacy within relationships and friendships and analyze the fears, concerns and cautions that we feel.

The SACWN Salon is an intimate gathering of SACWNites that begins with an hour of networking (with drinks and nibbles) and concludes with an hour or more of presentation and group discussion.

Date: Friday, September 26, 1997
Place: SACWN Office
3031 F Street, Suite 201
Time: 6:30 p.m.
Tickets: $ 5 Member
$10 Non-members and
At the Door

See ticket order form on inside back cover.
An event for women over 21.

From the Editor

For those of you who have read any of the more than 50 editorials written over the five years I have worked with SACWN, you know that I often write about thoughts and issues that are influencing me that month.

This past week has been such a powerful one, that I am unable to think of anything but its happenings and so without apology, this article and the newsletter will reflect the energy in my heart.

The week began with a birth. My partner Carol became a grandmother for the second time and she is marveling at the tiny perfect fingers and toes on her new grandson Kobi.

Then on Wednesday, August 27, 1997, SACWNite Jayne Rountree died of cancer. I have been close to Jayne this past year, offering to help with specific tasks in exchange for her letting me learn from her about the dying process.

And I learned a lot. Jayne was a woman who spoke her mind and who significantly influenced many people. She said she was going through the process of dying but not taking it too seriously.

Jayne really believed in community. She continually worked to support a sense of the gay and lesbian community. "Family is a idea in the intellect, not in the practical", Jayne told me. "Community means there are people out there that know and understand you. Community is knowing that you aren't alone."

She wasn't alone at the end. She was supported by friends and lovers, people who cared about her. In the end, after more than a three year struggle with ovarian cancer, she passed away peacefully surrounded by friends.

Jayne was an active member of SACWN since its beginning. She served on the steering committee for many years in the position of Membership Chair and Treasurer. She founded Rainbow Campers, a special interest group for women who like to camp. She was involved in the planning of the first Sacramento Women's Gathering in 1992 and attended whenever her health allowed. She represented SACWN on the Town Council for years.

There will be a memorial service on Sunday, September 7, 1997 at 1:00 p.m.at the chapel at East Lawn, 43rd and Folsom Streets in Sacramento. Following the service (about 2:30 p.m.), a celebration of her life will be held at the Lambda Center, 919 20th Street in Sacramento.

SACWN friends are invited to attend both.

A fund has been setup to plant a tree in Jayne's memory. Contributions should be sent to the Lambda Center, % Marsha Swayze, 919 20th Street, Sacramento CA 95816. Make checks payable to Rountree Tree Fund.

SACWN ADVERTISING RATES

Type	Member	Non-Mem
Business Card 3 1/4 x 1 3/4	$25	$37
Two-column ad 4 1/2 x 2 3/4	$40	$60
Quarter page 3 1/2 x 4 1/2	$50	$75
Half page 7 1/8 x 4 1/2 or 3 1/2 x 9 1/2	$90	$135
Full page 7 1/2 x 9 1/2	$160	$240
Classified ads (per word)	.40	.60

Discounts (prepaid): 1 year 20%, 1/2 year 10%

Advertisers are not necessarily lesbians. We do not warrant the services or products of advertisers.

SACWN STEERING COMMITTEE

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SACWN, Inc. newsletter is published monthly, ten times a year. No portion of this newsletter may be reproduced without written permission from **SACWN, Inc.** Letters to the Editor, articles and community announcements are welcome. Materials submitted may be edited and shortened based on available space. Deadline for submission of material is the third Friday of the month before publication. For more information, contact Sandy Virago at 451-8034.

Special Interest Groups - September, 1997

Special Interest Groups (SIGs) are small groups of women who meet around a common interest. It's a great way to meet other lesbians in an informal environment. Just give the facilitator a call and she'll be glad to tell you all about the group and their activities..

TOP 10

August dinner is at the Monterey Bay Cannery, 1785 Challenge Way, on Thursday, September 11 at 6 p.m. Call **Paula at 721-6409 by** Tuesday September 9 for reservation.

Betty and Dotty are having a home party on Sunday, September 21 at 2:00 p.m. It's a potluck so bring your favorite dish and we'll have a great time. RSVP to Paula at 721-6049 by Thursday, September 18.

TOP 10 is a group of women over 50 and women who love women over 50! We meet at least once a month at restaurants around town. Occasionally we have fun at home parties. Come join us for an evening of fun!

1/2 FAST HIKING GROUP

(FOR MATURE AUDIENCES ONLY)

We're an active well organized group which gets together once a month to go hiking. Please call for details. Join us ! Anne 443-3638 and Sue 927-8320.

RAINBOW CAMPERS

Just one trip left!

Sept. 20-21 - Coloma; Linda & Denice 641-8565

All campers are welcome with tents, trucks, RVs, or sleeping bags under the stars!

BREAKING-UP-HEALING & LETTING GO

Lecture/discussion series for those who have recently ended a relationship or who are in the process of breaking up. Tuesdays 9/23, 9/30 & 10/7

$15 per session or

$40 in advance for the series

Facilitator:

Melinda Facelli MFCC

MFC30351 - 783-0563

SINGLES GROUP

To find out about the activities planned for September, call **Ann at 927-6038.**

THE BOOK GROUP

Interested in participating in discussion of books? Call **Joy 452-5513** to put your name on the list to be notified of future meetings.

HAPPENING THIS MONTH IN THE COMMUNITY

September 5-7 - Gay and Lesbian Sierrans - Backpack and peak climb at Long Lake and Mokelumne Peak. Call Ray at 421-6209.

September 12-27 - Lambda Players presents Jeffrey. Friday and Saturday nights. Call 491-1062

September 11 - LGS, Lesbian Support Group in Auburn at the Dewitt Center from 7-9. For information, call 632-7080.

SACWN EVENTS

JOIN UP NOW - IT'S TIME TO SWING!

December 6th is fast approaching and plans are underway to make this, the 21st annual Snow White Champagne Ball the best ever. Scheduled to provide the musical entertainment this year is an orchestra from San Francisco called, City Swing. To prepare you for swing, the hottest dance craze in the west, SACWN will offer two swing dance classes this fall, a demonstration at the dance by our dance class graduates and more instructions from 8 to 9 p.m. on the night of the ball.

On Wednesday nights, beginning September 17, 1997 at Sierra 2, John Bachelor will teach a beginner class of swing dance lessons. This six week course continuing through October 23, will feature group lessons with personalized attention. The second course, beginning October 29 and extending through December 3 will be both Swing Class 1 and Swing Class 2 for the advanced swingers from the previous class. The six week class is only $25 per person for SACWN members, ($30 non-members) and no partners are needed. With enough participants, classes will also be held on Tuesday night.

Register early, class size is limited, and save December 6th for the swingiest night of 1997.

REGISTRATION FOR SWING LESSONS

NAME: _____

NAME: _____

PHONE: _____

Enclosed find $ _____ for the six week course.

Session 1: Sept 17-Oct 23 _____

Session 2 Oct 29 - Dec 3 _____

Wednesday ____ Tuesday _____

Return to: SACWN, 3031 F Street, Suite 201 Sacramento, CA 95816. Call 451-8034 to use Visa or MC.

(916) 341-7824, 447-5900 BUSINESS
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SUCCESSFUL SACWNITE

For many of us, the journey to be ourselves is the same as the journey to be gay. We look back at our struggles and accept them as steps to the happiness we gain by becoming fully lesbian, in spite of societies judgements and anger. But, for some, becoming lesbian is just the icing on the cake to the greater journey. As the First Lady says, "it takes a village....".

Beryl Mayne spent the majority of her life playing the proud role of wife, mother and community leader. Born and raised in Sacramento in 1944, Beryl attended local schools in Roseville, and went to Sierra College. She became a licensed Respiratory Therapist and worked all over the Bay Area and Sacramento. Beryl says she had a good life, raising two daughters, working at a profession she enjoys and living with a husband who was a great friend. "I had a very filled life. We travelled extensively, visited Greece, went scuba diving in the Virgin Islands and we rode motorcycles."

Beryl was very active in her community, serving as Vice-Chair of the Advisory Council in Pennryn. People called her the President of Pennryn. "I was so busy I didn't know I was missing anything."

In 1989, after 26 years of marriage, her daughters grown and married, Beryl took a trip to the East Coast to visit an old friend. Also, married with two daughters, Beryl's friend helped Beryl discover some feelings she said must have been "pent up all those years", and Beryl had her first intimate encounter with a woman. "I went back to my husband and had no idea what to do, so I went to therapy right away. I discovered that although I was happy I had always felt something was missing."

The next few years took Beryl to Modesto, where she lived with her first "love" and back to the ranch that she and her husband had bought in Lincoln. She spent a lonely year in 1991 where she did a lot of soul searching. Beryl joined SACWN and began participating fully in the gay community. But, her search was just beginning. In 1995, Beryl began going to church when she found a woman who spoke Beryl's heart. Elaine Bienvenue was minister at a local church before opening her own church in Rocklin, the Spiritual Community Center. Beryl followed.

"I was never religious, but now I find I am very spiritual. It is the most important aspect of my life."

Beryl has spent 27 years working with people who have respiratory problems and now is in charge of all code blue emergencies and manages the life support system for

people who can't breath on their own. She has recently been accepted with "Mobile Nurses", a company that sends specialized nurses around the country, sort of like a temporary nurse assignment association, and is looking forward to doing some more traveling.

Beryl says her life has been good. Her daughters, who are very accepting of Beryl's life, and her ex-husband, who has recently become a little more understanding, are important to her. But, what is most important is that she has found a new life, she has discovered her lesbian self and she is on a life long spiritual journey.

"I think lesbians are very in touch with their inner selves. It makes us unique."

Beryl's idea of success is "Knowing who you are and being comfortable with it; forgiveness and acceptance of everyone. That is success."

JAYNE CHANDLER ROUNTREE
MAY 12, 1938 TO AUGUST 27, 1997

Jayne Rountree was born in Portland Maine and moved with her family to San Fernando in 1952 where she attended high school and later took her R.N. at Los Angeles County General Hospital and a Masters in Health Care Administration from U. C. Northridge. She lived in Southern California until 1977 where she worked as an OR nurse and supervisor and later a health care fraud investigator for Blue Cross Blue Shield.

She had started a study of Zen as early as 1966 and when she left Southern California she moved to Mount Shasta. She said, "It is the heart chakra of the world, my spiritual home." There she studied at the Zen Buddhist Abbey. She became a real estate agent and was active in community affairs.

In 1995 she moved to Sacramento where she sold real estate exclusively in the gay and lesbian community and became a real estate broker. She volunteered at the Rape Crisis Center and the Sacramento Women's Center and was a founder of CAPPAC. She was on the board of directors for SACWN and started Rainbow Campers. She founded Rainbow Realtors along with her friend Jake Stuble. Jayne chaired the Multiple Listing Service Committee for the Sacramento Association of Realtors as well as the Economic Opportunity Committee.

After a diagnosis of breast cancer in 1988, she became an activist to help counsel women through the traumatic experience. She was one of the panelists who created the Sacramento Regional Breast Cancer Resources Guide and was a speaker on breast cancer issues in gay, ethnic and minority communities. In 1994, she was diagnosed with ovarian cancer.

Jayne loved to travel and in recent years visited Australia, Egypt, Israel and Kenya. During her illness, she pushed herself to participate in events and continue to camp and travel. She also loved working at the West Coast Women's Music and Comedy festival held until 1996 over Labor Day weekend in Yosemite.

As a Zen Buddhist, she said that death wasn't a big deal, it was another part of life. Jayne passed away peacefully in the arms of her friends.

There will be a memorial service on Sunday, September 7, 1997 at 1:00 p.m. at the chapel at East Lawn, 43rd and Folsom Streets in Sacramento. Following the service, a celebration of her life will be held at the Lambda Center at 919 20th Street in Sacramento (about 2:30 p.m.).

SACWN friends are invited to attend.

THE FORMS

SUBSCRIPTION RENEWAL

All subscriptions may be paid in full or in 2 installments, the second installment due in 6 months. Subscription entitles you to our monthly Newsletter and discounts for all functions. Please select the appropriate category and send a check for the correct amount, payable to SACWN, Inc.

CATEGORIES	RATES
Regular Subscriber	$36/year
Two-in-One Household	$60/year
Limited Income Subscriber* (Student/Senior/Disabled)	$24/year
Sustaining Subscriber**	$48/year

Enclose check and mail to: **SACWN, Inc., 3031 F Street, Suite 201, Sacramento, CA 95816**

Name(1) Name(2)

_____

Address _____

City _____ State _____ Zip _____

Phone (H) _____ (H) _____

Phone (W) _____ (W) _____

Career Interests

(1) _____

(2) _____

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Name as it Appears on Card: _____

YOUR BILL WILL INDICATE A SALE TO OUTSOURCING MANAGEMENT GROUP.

This form is NOT a permanent record. Please note: Names on checks are listed in our financial records and may be audited. You may elect to pay cash for your subscription and/or admission to our events. For your protection, do not send cash through the mail. If subscribing by cash, please make your payment at the next meeting you attend. A $10 fee will be charged on returned checks.

WAIVER - I AM AWARE THAT CERTAIN RISKS OR INJURIES COULD OCCUR ARISING FROM MY PARTICIPATION IN SACWN, INC. EVENTS AND/OR SPECIAL INTEREST GROUPS. IN CONSIDERATION OF THE RIGHT TO PARTICIPATE IN SUCH EVENTS, SOME OF WHICH MAY INVOLVE STRENUOUS ACTIVITY (I.E. HIKING, GOLFING, SKIING, CYCLING, ETC.), I HEREBY ASSUME ALL RISKS AND WILL HOLD SACWN, INC. AND ITS MEMBERS HARMLESS FROM ALL LIABILITY WHICH MAY ARISE IN CONNECTION WITH THESE ACTIVITIES.

Signature _____ Date _____

Signature _____ Date _____

*LIMITED INCOME - We consider a person living on a limited income to be anyone who is having a difficult time paying for basic necessities - food, utilities and rent - and who rarely considers entertainment as part of her budget.

* SENIORS -Age 65+ on Limited Income; STUDENTS - Students 21+ on Limited Income; DISABLED - Disabled Citizens on Limited Income.

**SUSTAINING - Contributing a little extra to help supplement others (Seniors, Students, Disabled) on limited income.

TICKET ORDER FORM

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A DISCUSSION OF INTIMACY

WITH

KATE MACKENSIE, L.C.S.W.

SEPTEMBER 26, 1997

3031 F Street, Suite 201, Sacramento

From 6:30 p.m.

TO REGISTER
SEND CHECK AND THIS FORM TO:
SACWN,
3031 F Street, Suite 201
Sacramento, CA 95816

Because of the nature of the program, tickets will be held at the door.

NAME: _____

ADDRESS: _____

_____

Number of Tickets:
SACWN Member @ **$ 5:** ____
List Membership Nos: _____

Non-members @ **$10:** ____

Total Enclosed: $ _____

Or to use VISA or Mastercard, provide
Card No: _____

Exp. Date: _____

Signature: _____
Your credit card bill will indicate a purchase from **Outsourcing Management Group.**

This event is open to women over 21 only.

SACWN
SACRAMENTO AREA CAREER WOMEN'S NETWORK INC.

3031 F STREET, SUITE 201
SACRAMENTO, CA 95816

ADDRESS CORRECTION REQUESTED

IMPORTANT INFORMATION - PLEASE OPEN IMMEDIATELY